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*Primary*MD⁺
wellness & beyond

sublime/life

BY DR DUNDAS

OPPORTUNITY PROFILE

Primary Care Physician

About Sublime Life & Primary MD

Sublime Life is a physician-led longevity and integrative medicine practice in Calgary that blends modern diagnostics, evidence-informed preventive medicine, medical aesthetics, biohacking technologies, and restorative reset rituals as part of a comprehensive clinical toolkit. The practice is rooted in helping patients optimize healthspan, regulate stress physiology, and “Slow Age with Intention.”

Primary MD, founded more than 20 years ago by Dr. Kathryn Dundas, is Canada’s first private continuity-based family medicine clinic. Built on a relationship-centred medical model, Primary MD provides attentive, proactive, and comprehensive care for an exclusive patient panel, with an emphasis on diagnosis, prevention, and whole-person medicine.

Together, Sublime Life and Primary MD form a uniquely integrated model: a clinical longevity center paired with continuity-based primary care, supported by a strong interdisciplinary team.

The Opportunity

Sublime Life/Primary MD is seeking a Primary Care Physician who will thrive in an innovative and relationship-driven setting — someone motivated by in-depth diagnostic work, preventive care, and advocating for patients across Canada and internationally. The new physician will be delivering longevity medicine – 24/7 for an exclusive membership roster while also consulting with to others within clinic hours.

This is a rare opportunity to build a long-term concierge practice alongside a leader in the field, supported by established systems, mentorship, and a sophisticated client base.

Why This Role

- Practice longevity medicine and relationship-centred primary care without volume pressure — time to think, diagnose thoroughly, and truly listen.
- Join the next evolution of Canadian medicine: integrated, proactive, global, and deeply personalized.
- Work directly with a highly respected Medical Director with 20+ years of concierge medicine experience, innovative program design, and a clinical vision that blends diagnostics, functional medicine, medical aesthetics, biohacking, and restorative reset rituals.
- Step into an established clinic with a sophisticated patient base, and opportunity to grow your own, that values continuity, evidence-informed care, and longevity-focused medicine.
- Opportunity to expand into a two- to three-physician model, shaping the future of continuity-based care in Canada.

- Work in a premium clinical space in Calgary's Beltline, with access to integrated diagnostic and biohacking modalities (e.g., red light, infrared, cold plunge), as well as medical aesthetics and regenerative treatments that support whole-person vitality.

Key Roles & Responsibilities

- Provide comprehensive primary care and longevity medicine for a small, exclusive roster of families, ensuring continuity beyond episodic needs.
- Split your time between in-clinic care (approx. 2.5 days/week in Calgary) and virtual consults, allowing flexibility while supporting patients anywhere they travel.
- Conduct longevity consultations, preventive diagnostic workups, integrative assessments, and ongoing health planning — training provided where needed.
- Offer urgent management and clinical triage with timely response and sound judgment.
- Perform in-office procedures including biopsies, excisions, lesions, injections, and selected women's health procedures.
- Coordinate referrals and support navigation of public and private systems, including elite global medical providers.
- Collaborate daily with a strong clinical team, including two nurses, a concierge operations director, and integrative practitioners.
- Participate in patient continuity between visits, including guidance during travel or while undergoing investigations.
- Contribute to business development through exceptional patient experience, referral relationships, and clinical leadership.
- Provide occasional physician oversight for biohacking modalities and reset rituals (e.g., red light, sauna, breathwork) as part of a regulated clinical framework.
- Share 24/7 coverage expectations for urgent continuity care, supported by a team. This role maintains flexibility in how you structure your clinical week, while ensuring consistent availability for active patients supported by the team and shared coverage.

Key Metrics of Success

- Demonstrates exceptional diagnostic thinking and integrates effectively across multidisciplinary teams.
- Receives consistent positive feedback from patients for professionalism, empathy, clinical clarity, and relational depth.
- Builds and maintains trusting long-term relationships with patients, grounded in excellent communication and evidence-informed care.

- Shows comfort with innovation while maintaining high ethical standards and clinical judgment.
- Contributes meaningfully to the evolution of the Sublime Life / Primary MD clinical model.

The Person

Qualifications & Attributes

Required:

- Medical Degree with CPSA eligibility (open to physicians licensed elsewhere in Canada).
- Minimum 5 years of independent family medicine experience.
- Strong comfort with clinical autonomy, diagnostics, procedures, and full-scope family medicine.
- Strong communication skills and the ability to support high-net-worth clients with discretion, empathy, and clarity.

Preferred:

- Experience in emergency, trauma, hospitalist, or rural settings (comfort with uncertainty and quick decision-making).
- Experience supporting prenatal, postpartum, and perimenopausal patients is an asset.
- Interest or experience in integrative, functional, and longevity medicine — willingness to learn is essential.
- Comfort supervising or partnering with medical aesthetics and regenerative treatments.
- Ability to think holistically about physiology, lifestyle, stress regulation, and metabolic health.
- Professional humility — a collaborator who values mentorship, shared decision-making, and patient-centred continuity care.
- Adaptability to virtual care and non-traditional clinical frameworks.

Compensation

A competitive compensation package, including an attractive base salary and excellent benefits, will be provided. Further details will be discussed in a personal interview.

Express Your Enthusiasm

Leaders International values diversity, equity, and inclusion in all aspects of our operations. Candidates are invited to contact us directly with any accommodation requests.



sublime/life
BY DR. DURDAS

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To apply, please email your cover letter and resume (PDF or Word document only—preferably as one document) to **Anurag Shourie or Olesia Linkevych** at apply@leadersinternational.com, indicating the job title in the subject line.

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